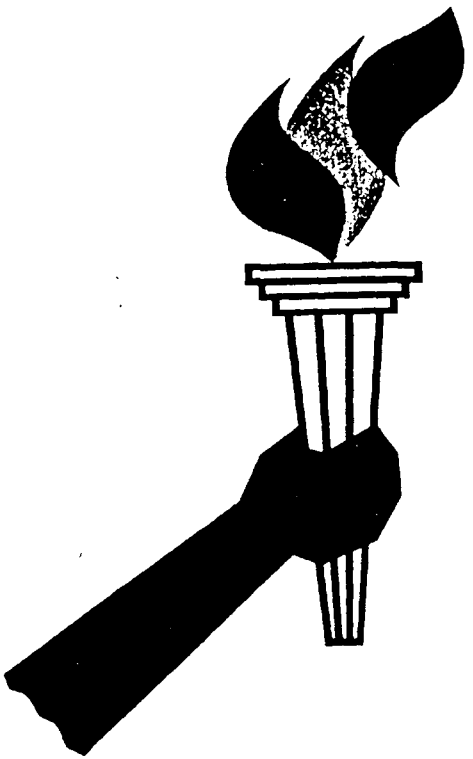
COSMIC PHILOSOPHY



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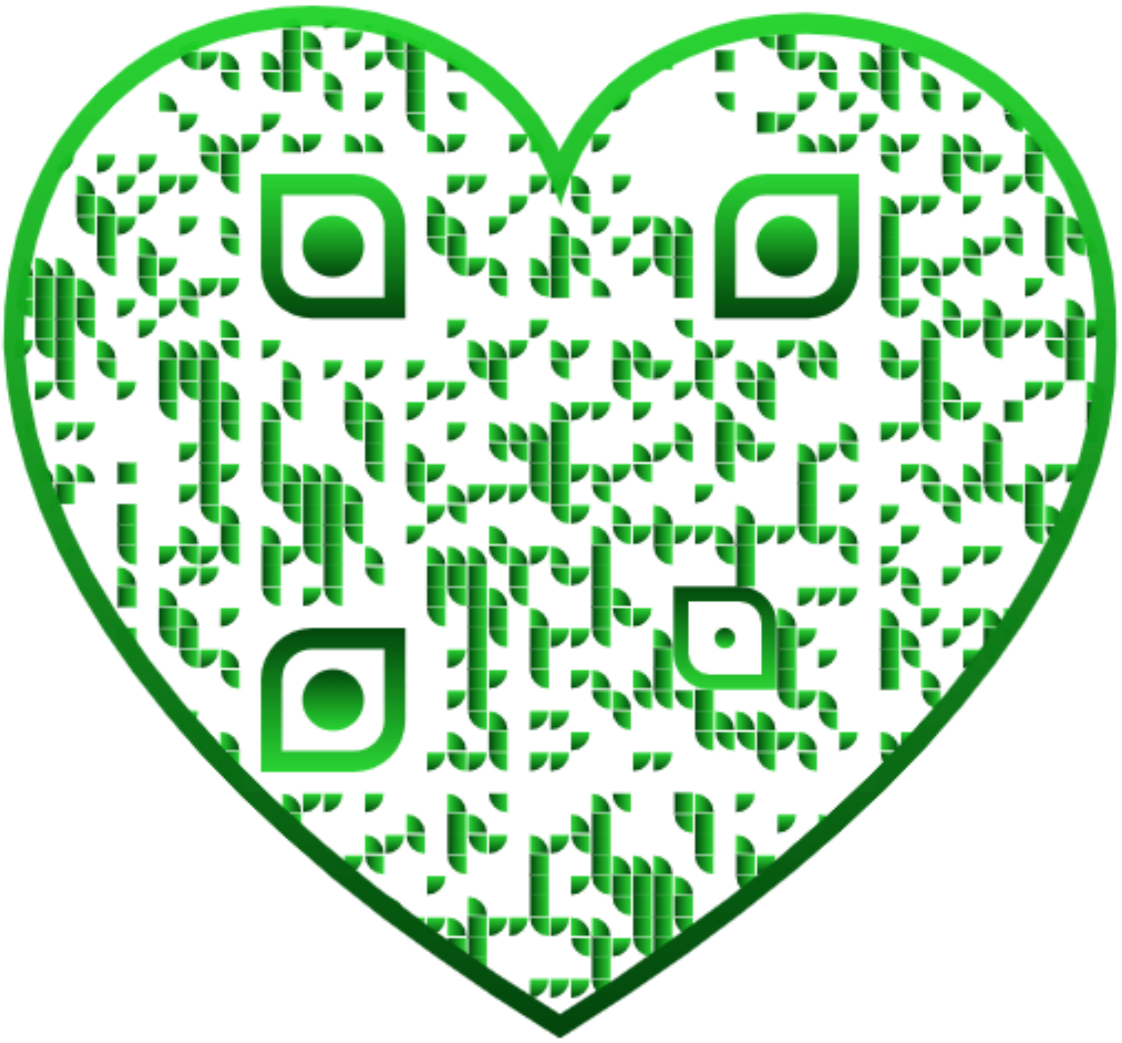

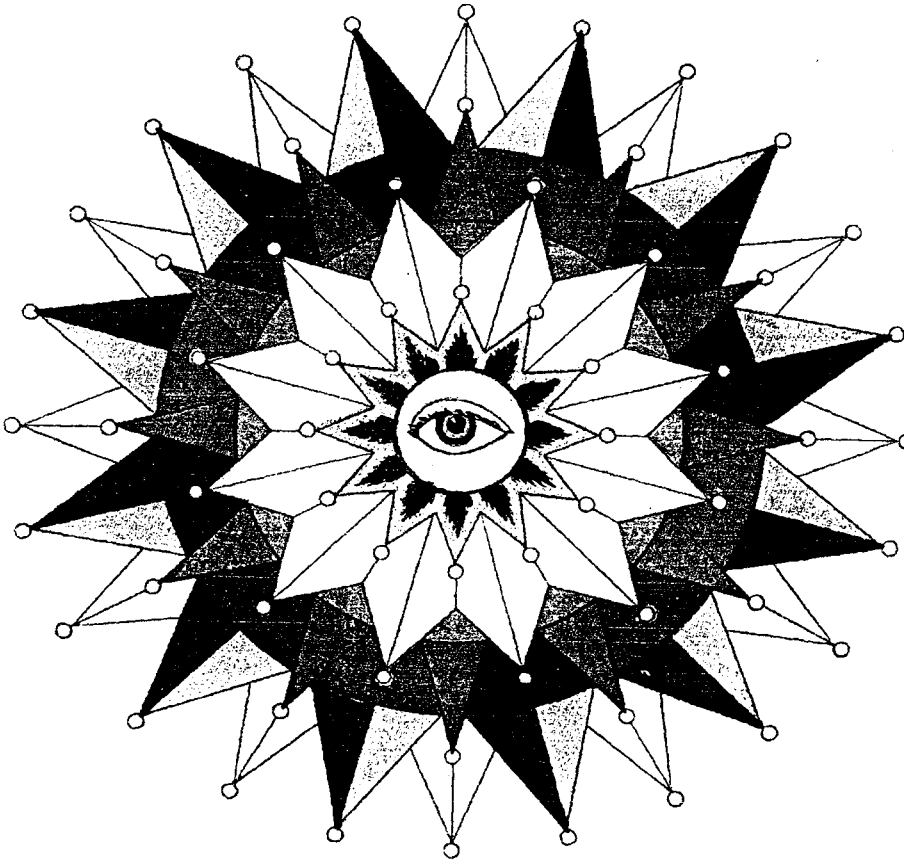

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DEFINITION

Philosophy has been defined as the love of wisdom. A systematic general conception of principle as applied to a philosophy of life. The knowledge of the cause of all phenomena both of mind and matter.

Cosmic philosophy embraces the Universe conceived as an orderly and harmonious system complete in itself.

Our present perception of mind and matter must be expanded to the realm of Cause in order to understand and take our place in the class room of everlasting learning.

Observation is our greatest teacher but we must learn to see the Cause or the related purpose of all forms or manifestations.

Principle, or source of origin, and nature's laws remain forever the same for they are immutable. Man's concept of the law expands as he desires to know more and more of his purpose in relation to the Cosmos.

Our neighbors on the sister planets of our solar system came to the realization a long time ago that every minutest particle in the Cosmos is inter-related with every other particle. Thereby in order to have even a small perception of the purpose of life, each phase must be studied in relation to the Whole. They shared a theory with all who were interested and gradually theories grew into facts as they explored further and further and unified all

life. A humble reverence and love for the All Knowing Intelligence as It expressed in every living form became their inspiration. Human relationship and behaviorism was taught to their children to aid them in individual expression of their own divinity.

The following lessons I humbly present with the hope that they may act as stepping stones in your quest for knowledge.

THE TRUTH ABOUT TRUTH

Political factions are clamoring against each other for the right of opinion; philosophers and scientists are arguing about the truth of their various theories; all over the world conflicting thought centers are springing up, each professing itself the only dispenser of the absolute truth and man finds himself wondering just what is truth.

As long as man has been in existence I suppose he has sought for truth without recognizing it when he had it firmly in his grasp.

Many generations ago when the Roman Empire was at the height of her glory and the weight of her dominance was felt by a host of people there arose in her midst a master mind who said to those oppressed, "You shall know the truth and the truth shall make you free." And the people eager for deliverance, cried out, "The truth! Give us the truth that we may be free!" They were told the meaning of truth but they could not comprehend and so we hear the echo of those words and of the billions like them quivering down the ages with an insistent appeal — "The truth! what is truth?"

And for every such questioning voice there is another calling, "Follow me, I alone can give you the real truth!" And blindly the people follow, little knowing or under-

standing the purpose of life.

So to you of this present day — you who have acquired much knowledge of many things, I ask, "What is truth?"

Those who are idealistically inclined will answer, "It is reality!" And those who are founded upon a cold scientific basis will answer, "Fact." Others will say that truth is that which is opposed to untruth or is that which is good. To those who gave the first two answers I shall say you are correct so far as you have gone but I shall proceed to catch you in a net of your own weaving. The latter answer that truth is that which is good is utterly misconceived and evasive.

Let us, therefore, get down to real analysis. Just what is the truth about truth? You have said that it is Reality and if I were to ask you to define reality you would be compelled to admit that it is that which has actual existence, and yet you speak of the real and the unreal. You have a set standard for Reality. Does not everything that is known have apparent existence? How else should it have become known?

What of those that say truth is fact — explaining further that it is that which can be proven. Let me ask you this — proven to whom and by what and for how long? Again you must have a set standard of discrimination. Must it be proven by man's laws or theories that have already been given recognition? Then you are putting a limitation on truth. Must it be proven to all people or only to one who is able to see beyond the perception of his fellow-men? Proof can only go so far as

a man will accept and truth to each man is only that which he has experienced either by mental realization or physical expression, and yet truth is universal. It is the sum total of action. Every smallest quivering frequency in the whole cosmos is truth — true because it perpetuates action. I shall bring all of my statements down to a perfectly logical, matter-of-fact foundation.

Most of the world's intolerance is due to the misconception of truth. Men fight to death for their individual concept of it when a little wisdom would show them that they are only a step apart in the same hall of learning, but due to the fact that every individual intelligence has a slightly different degree of understanding, truth to each is slightly different. Intolerance is a mark of ignorance, for a developed intelligence is able to view sequences of action that shows each separate action to be relatively true. And because all sides of a question are understood he is bound by none. This type of intelligence does not condemn those who see only one phase of the whole truth. Instead he will point out the pitfalls or limitations that follow the course of thought that the individual is indulging in.

Truth is action — the whole action of which every part is true. Small truths lead into greater truths and one small truth cast out as false can block the progress of a civilization, as has been shown by the history of the past.

Because men do not understand the meaning of truth and are therefore intolerant, there has been a span of over a thousand years of scientific darkness that might have been used to bring the slowly evolving civilization to a

higher standard of human expression.

"You shall know the truth and the truth shall make you free." And the truth is that all things are true — true in a relative sense, I grant you,— relative to all other parts, but until men recognize and give due consideration to the Cause of all actions they will never be free. Only in uniting our efforts, acknowledging a common purpose can we bring civilization to a unified state of understanding and progress.

Truth is like a great picture puzzle — a mosaic, as it were, and each man's individual expression is a part of the total composition. The mature individual realizes life as a succession of duties to be performed. Because there are diversified concepts of life does not mean that only one can be correct. No, all are true. Whatever is conceived in the mind of man is true to him for the moment just as every act of nature is true whether it be of creation or disintegration. Man's ideas may be used unwisely because he has not enough knowledge to use them constructively in relation to other truths, but that does not mean that the results establish a fact.

Our purpose in life, then, is not to personally judge between the true and the untrue but to so coordinate our own being with nature that we may unite the knowledge of Cause and Effect.

THE MAGNIFICENT PERCEPTION

PRELUDE

The roll of the tides and the waves and the rising and setting of suns, the whirling of atoms and worlds are all tuned to the Cosmic Plan yet are subject to time and to space.

Time is the instrument used to measure the movement of Beings — the element action creates in its path from the formless to the formed. In Eternity always you are, but in time you're unstable, inconstant.

Sit here at the center of all and look out on your flux of expression. As the moon to the vision of man passes through all the various phases yet remains still an orb complete without change or point of division, so you through your phases shall pass; mortal eyes shall see change and division yet you are a circle complete — you're endless, eternal, abiding.

Look forth from these eternal heights, from the heart of your unified being; look down towards the plains of desire where your destiny finds its fulfillment. Look closely and firmly perceive that the break which you one time envisioned is nothing but mortal illusion; that there is but the unified whole.

Always you are One, you are All, as a centralized point of Being. Undying, unchanging — the Conscious-

ness, Cause, and the Action — evolving, transmuting a form to a unified state of awareness.

From action to action you pass like a great shuttle weaving new patterns — on the loom of Eternity weaving a pattern of beauty called Life. The fine silver thread which you use is Cosmic Consciousness, binding together each stitch in true lines of perfection; creating in patient evolvement the unified Love Mantle of All. Each thought and each conscious emotion weaves the Pattern of exact direction, in time uniting the parts and the Allness, absorbing the All in the One.

THE WORD

In the beginning there was but the Word: no mortal mind can know the Word in full for it contains all knowledge and all Power, and only that which is Itself the Word can know or understand potentially. But through a mighty action the Word was imaged into primal form; in form so fine that only Cause could know its attributes or view its being. It incarnated through the whole of substance and impregnated all matter with Its presence till in the place of a tremendous void there grew the second or the form-creation.

Virgin was this creation in the image of the Word, and filled with all the power of pure wholeness, for it was but one great united form, the body of Cosmic Cause whom we in reverence have called "The Word."

Throughout all space the Word reverberated; It set in motion all the Primal Essence until the whole span of

Infinity swayed to the Heart-beat of the Mighty Oneness. Rhythm on rhythm rose and fell in one great undivided harmony, for deep within the bosom of the Word there surged the wondrous Love Song of Creation.

Greater and greater the Heart of Space was stirred until at last the Song was breathed into a living thing. Each motion as an elemental tone within the mighty symphony and every tiny particle of substance was tuned into accord with every other unit in all space. And thus the impulse of Cosmic Will became a law that ne'er can broken be within the scope of everlasting action. (This Law involves the principle of true affinity.)

Were it possible for any of the Cosmic vibrations to unite contrary to this Primal Law and cause a discord in the mighty paeon their span of such expression would be contained within one moment's quivering vibration, for discord cannot last within the Whole whose very fact of being rests upon the immutable law of harmony. There is no loss of equilibrium within the scope of Cosmic Rhythm that shall not be again absorbed and reunited into Wholeness. For nothing can break the Melody that has forever throbbed within the Heart of That which is, Itself, Infinity.

Creation as a whole makes up the song that rises and falls in its impassioned cadence, expressing in the glory of calm Silence all that the Word has been, is, and shall be; voicing with soundless sounds and formless beauty the pulsing force that blends and inter-blends into new rhythms. The Breath of the All-Creative Intelligence is sent forth in peaceful, silent tones of consciousness and

in the womb of illimitable space each new creation stirs with quickened life and becomes another true note in the endless Song of Action.

Out of Cosmic Cause are worlds and planets whirled into existence; out of such formless beauty has evolved form upon form until at last there came one form so perfect in its geometric pattern that it possessed the possibilities of understanding Cause. And so into this form was poured the Breath which speaks the rhythm of creation into being, and it was given power to perceive all existence; and it was also blessed with power to name that which before had been but nameless.

And this creation, highest of them all, was known as Man, born out of That which has no ending; given dominion, consciousness and love and power over all the lesser things. But he descended into depths of sleep, became unconscious of the vaster kingdoms, forgetful of the Glory that exists and dreamed, instead, into existence, the changing image of mortality.

Oh, Son of God and Son of Man, lift up all things within your sight; let your heart make known that which the sight doth not reveal and from the womb of Cosmic Cause which is the source of all creation awaken into the birth of a Magnificent Perception. Awaken into the realm of true Being. Let the strong fingers of your will draw you again into full consciousness. Rise from your earthly couch of slumber and perceive the beauty of your present Existence.

This planet earth that we call our home was brought into its present state of being through that cosmic law of

affinity, the great magnetic principle of attraction, and all that therein grows and multiplies is of the one and only Cosmic Power.

Each form that with our mortal eyes we view is but a point of action in the whole — a minute bit of elemental substance moving to ever changing patterns and designs; impelled and impregnated with all-abiding consciousness. There is no tiniest unit in the Whole that does not bend an ear to the Law which Fathers it and causes it to be. And all that we perceive with mortal eyes and know with our consciousness is but the effective image of the Cause Intelligence, which formless is, yet causes forms to be; which knows no limitations and no bonds yet creates transient dense conditions that move and change within the bosom of incomprehensible Eternity.

And every unit in the whole of Being, each atom and each spark of consciousness reveals without a mark of limitation, if we but seek its heart, the perfect image of Infinity. And each of the little passing points of action which we in earthly terms have labelled time, speak within the moment of their being the fullness of Eternity. Just as the drop of water from the ocean reveals the character of that from which it came; and every sunbeam traveling through space reflects the composition of the sun and revibrates the image of that orb in all of the glory of its full expression.

We, as children of the Cosmos, are in the process of reflecting the understanding of our Source. All action is the echo of the Word as It passes through the vast arcades of space, and in Its passing creates time and form.

We must open our eyes of consciousness and view in all Its magnitude and beauty, the living, breathing image of the Word.

THE NAME

The Word is changeless, whole and complete. The Name personifies the Word — divides Its vastness into many parts, gives place and form to each and every part and power of utterance in an auditory state. The whirling mass of substance called the Earth is to the mortal ears a mighty name, for on its surface humankind evolves and learns a tongue with which to speak the Name of That which in Itself is nameless, yet Earth shall change and pass away in Time, to reunite within the Cosmos. The Word has always been, will always be, the Name has a beginning and an ending.

The Word has never given forth a Name and never shall, for in such act would lose its endless and eternal state of Being. But Man, to whom free-will and power was given, who slumbers deep and dreams his mortal dreams, has in his waking moments labelled action and given name to consciousness and form. His eyes at first were dim with mortal slumber; he saw but vaguely through the mist of sleep, and only felt the coarsest of frequencies that shaped the holy substance into form, but those he named so he might build a memory of parts to guide his future waking states, for only by such means can he evolve to recognition of Cosmic Allness.

Little by little man's awareness of that which he encounters expands, and clearer grows his vision till at last his conscious awareness beholds the transcendent Cause behind the Name.

Out of the Primal Essence has come forth, charged with the Power of the Word, the manifested utterance of Cause. The planets, worlds, the moon, the stars and suns, the leafing trees, the song bird and the rain, the beasts, the crawling reptiles and the dew, each in its own tongue expresses the Word. But man has given unto each a Name and it is there that his attention lies. Manifestation has become his God and he has placed the Name above the Word, which nameless is and silent and unseen yet causes all the named things to be.

RELATIVITY

Matter manifests as an effect of the Cause impulse that rises from the Word. As a pebble dropped in the center of a still pool will send an impulse through the whole clear mass and stir its farthest boundaries into motion, so was the Primal Substance caused to vibrate by the Cosmic Impulse. And as the nearest wavelets are finer than those at the ultimate extreme so is the substance close to the heart of Creation finer than that upon the outer edge. Each impulse of the Word that has manifested in the realms of matter has evolved into its formed state of being through a primal motion or centralized impulse, out of which grew a heavier motion, swelling to greater perceptibility. The primal frequency goes into

expansion without the smallest loss of energy.

We know that in the pool of clearest water the first wave that was started, in its passing, gave to the next its force and animation. And that, in turn, imparted added motion unto the following molecules of water. Without the unity of the whole mass no particle could know the primal action. The cosmos is like unto the pool from out whose center flows the rhythmic motion — it is the clear calm sea of undivided consciousness upon whose surface there arises innumerable wavelets of vibration. Each form, in turn, contains the same — beginning with one basic impulse evolving to countless particles of motion, each one attuned unto the primal urge. Again, each tiny central point of action is offspring of the Great Heart of motion. To the understanding of the mortal man these countless points of action are perceived as separate entities within the varied kingdoms. Upon the earth man gives the name of mineral unto the denser substance that he sees; a little higher is the vegetable, and then there comes the animal and fowl, which leads up to the consciousness of man who separates the Allness into parts and draws a line where no such line could be, for through the whole vastness of the Cosmos the Primal Impulse incarnates itself and as the ripple in the pool gave up itself to create something greater, so does each manifested form of each kingdom release itself into evolvement. The innumerable minerals give up their impulse to plant life, the plant, in turn, releases energy unto the higher consciousness of flesh. There is nothing that can live alone, nor any spark of energy destroyed. All impulse lives and

acts eternally, passing from form to form and in its passing charges all substance with emotion and creates ripples on the Sea of Being.

Substance is in the process of evolvement; consciousness, in the process of expression. Up and down the vast scale the force moves rapidly into expression, touching one particle of matter, then another — blending the two or more into a chord of harmony, just as the fingers of a man pluck music from the mute strings of his harp. To produce a perfect melody the strings must be set in motion many, many times, making new tonal combinations — now soft and low, now rising to crescendo; one time in rapturous swinging rhythm, then changing to a lingering minor key — all strings awaiting the touch that stirs them to life within the melody. Each string is vital to the total Song.

So it is with the Song of Creation — each atom of substance is used eternally, now making up a rose bush or a tree; now mingling within man, now in the beast; descending into form and then once more ascending to invisibiltiy; expressing through fire, water, earth and air, and ether finer than man can know; from the coarse pulsation that produces stone to a motion higher than the speed of light; from radiation down into vibration and back again the Primal Essence moves. From the formless into densest matter and back again into the higher state, each atom relative unto all others, cooperating and exchanging places.

Within the Cosmos there is no destruction but only newness by a ceaseless action; all substance changing and

transmuting but never for an instant's time withholding. In an endless array of patterns and designs from formless into formed in unfolding the wondrous picture of eternity.

There is no greater law than that of conscious action, for upon it rests continuous Creation. Energy acting upon itself gives birth to time and space, the relative elements of the Cosmos that cause conception of the state called form. Each thing depends in part upon another and may be traced back to a common source.

PERCEPTION AND CONCEPTION

"What man can conceive he can also achieve," has been said, but between conception and achievement there lies a middle step which is perception. We are familiar with the use of the word perception as used in relation to a faculty of receiving knowledge of external things by the medium of the senses. This same faculty may also be used to alert the senses to a Cause Intelligence which is beyond its effective scope of perception. Conception is constantly taking place within man; the conscious intelligence of the cosmos is eternally incarnating in matter, but unless there is awareness on the part of the mortal sense mind these thoughts are liable to pass on without ever being recognized in the world of form. We know that thought is the basis of human action and there are millions of thoughts that pass over the highway of mind every day, but man perceives approximately one thought out of every hundred which is conceived within his mind.

There are myriads of thoughts bombarding man's mind every second; some are personal, some are impersonal, many are beyond the conception of the average sense mind. It is true that each thought that enters man's being impresses itself upon the individual cells of his body but the mortal sense mind as a whole does not become aware of it. Conception while being of Cause does not raise man to the Cause state; it is perception which

produces growth in the mortal man. In the average man the thoughts are passing at the approximate rate of 1100 per second. In a highly developed person the thoughts run about one-half million per second. The mortal grows through experience and only that which is perceived consciously can be termed as experience. Awareness is the key to wisdom and the only channel to human thought expansion. Awareness must be combined with action so that intelligence may be expressed. Cosmic Cause incarnates in matter whether the mortal mind of man is conscious of it or not, but through perception of that action the mortal expands in the field of growth. The mortal sense mind, having divided itself from the Whole, must evolve again into the Oneness by perceiving the Cause in effects. In the cosmos everything exists and we, being of the cosmos, have everything within us. If we perceive that which is within us we are able to bring it into manifestation. Through perception we actually "mother" or "father" a thing into growth. The whole science of life is based on these two — through conception and perception are all things brought into being in the world of effects. Conception is responsible for putting Cause into motion and bringing forth action. Conception may take place without any awareness on the part of the intellect but the action which takes place due to conception bring forth a quickening that produces what we know as sensation. Perception is the act of becoming aware of sensation and knowing its source.

In our christian bible we find references to "Life Eternal" and the way we must conduct our lives in order to

know, "the only true God," but the application as to just how this is done is not explained. To know God the Father is to perceive Cosmic Cause. Conception has no limitations for it is cosmic, and that which is conceived can also be perceived by the mortal mind so perception knows no beginning or ending; its vastness is all-inclusive.

Perception includes not only recognition but also comprehension. We cannot fail to recognize the fact that we are sons of the Cosmic Father Principle and heirs to all there is, but how many are there in this world who have actually perceived what that sonship means?

Lack of perception leads always to a lack of confidence which prevents man going forward into greater accomplishment. The man who fails to understand his relationship with the whole is but a wanderer having no purpose in life. Lack of perception is the greatest of the sins of omission; why should a man remain in ignorance when all things lie before him and the very fullness of life prevails within his being awaiting the command to come forth.

When an unselfish idea is conceived it is to be perceived and brought forth into manifestation just as a soul conceived in the womb of a mother is to be given birth in physical form. Whatever one becomes aware of that is not contrary to natural law must exist, for how can it be possible to perceive that which is not existent?

There is really very little difference between conception and perception; the former is the cause soul awareness and the latter is mortal sense awareness, and the two should be always united.

One of our noted scientists once said, "I find ofttimes that in the moments when I have ceased pondering over a problem the greatest revelations come to me." Such revelation is true perception, for it is the time when the mortal sense mind and the cause intelligence unite. Such awareness is called intuition, and the man who acts intuitively is always right. The mortal mind is usually unable to perceive the thoughts which are conceived from the cosmic source for it is in a constant state of friction and wonderment, lost in the perception of the innumerable forms of the effective world and so unaware of the new ideas that are waiting for birth. It is necessary to perceive the possibilities within anything before those potentials are able to become a reality in one's life. True perception goes beyond the apparent into the cause of the appearance, it goes into the invisible and brings newly conceived ideas into manifestation. Many people consciously perceive wonderful things but have not enough faith to bring them forth.

Learn to believe in your power of perception; give recognition to those things of which you became aware and you will find yourself enjoying a feeling of happiness and well being. Your vision will gradually expand to where you can feel the pulsation of life in all forms. And you will understand the Universal Language of Life, and the limitations that have bound you to the personal ego will vanish into the illimitable vastness of Cosmic intelligence.

The term consciousness seems to be the foundation of all creation. It is not a physical thing, yet it measures all expressions of physical forms. Without it no form could be or exist for consciousness is life itself. It is the power which gathers the elements into the formed state and it is the intelligent force which causes awareness and animation within the form. Conscious awareness of the All-Inclusive consciousness is that tremendous power which is referred to in the Scriptures as the Holy Ghost. It is a dweller, as power, within that which is created, perpetuating the growth of the form by the constant action which is the law of It's being.

The story of creation as recorded in Genesis says that God created man from the dust of the earth; out of the elements He molded a form in His image and likeness as a sculptor creates a beautiful statue out of clay. This He did with intelligence and power, and having looked upon His completed form creation He was well pleased, so He incarnated into the form as the Breath of Life and man became a conscious being, a living soul, having the power of intelligent action, which we know as life.

This intelligent force, then, is actually the Cosmic Whole, for Its limit of knowledge is no where. It is the creator of everything that was, is, and will be. It is not only the soul of man but the very soul of all things, the

Father-Mother principle of the Cosmos.

As far as we know consciousness had no beginning and will have no ending for it seems to be all in all, the Alpha and Omega, and is made up of the Trinity; first the power; second, the intelligence; and third, the created form. John tells us —"In the beginning was the Word and the Word was with God and the Word is God.' What is a word? Is it not a thought expressed? And does not thought depend upon consciousness for it's being? Then we must admit that "in the beginning was consciousness and the consciousness was with God and consciousness is God." Out of consciousness, again, proceeded thought so "in the beginning was thought and thought was with God and thought is God." And thought becoming expressed returns us in proper sequence to the Word which is with God and is God. (Cosmic Cause) The incarnation of these three through action brings forth manifestation which is concrete realization in form of that which exists always in consciousness.

Everything from the mineral to the Cause kingdom is changed, moment by moment, by the everlasting activity of consciousness. It is the avenue of progress; the stream of life ladened with ideas which drop into the consciousness of mortal man with great rapidity and which may be used or discarded, depending upon the understanding of the individual. Consciousness speaks the language of the Soul, for it is the Soul. This Cosmic language is soundless, yet it roars with a voice of thunder, reverberating with a tremendous force upon the mortal form, producing a state of awareness as to the ideas that

lie within him — ideas which only he himself knows unless he expresses them in words, and which even then may not be understood by another.

Consciousness is the very substance of all forms, yet itself is formless. It is the ruler and keeper of all elements which compose it in the field of form-action, for through this intelligent force the elements which make the form become conscious. It builds form and disintegrates forms yet it knows neither life nor death. It is motionless, yet it is the all-active power by which the cosmos is maintained; placeless, yet it is everywhere for outside of it there is nothing; inert yet composed of unlimited power.

The growth of earth and the growth of man is the actual evidence or testimonial of consciousness. Thought, itself, is composed of consciousness. All things of the heavens and the earth have been and will continue to be conceived in the womb of this mother-father principle. Man was born — into a physical form and will grow old and perish while consciousness remains everlastingly young in existence.

One's breath is measured by consciousness, and Heaven is but a man suspended between the Soul consciousness of Eternity and Man's consciousness of earth. It is the mark or center of balance where the true understanding of the cosmos exists. Each conscious being is but a focal point of action within this great limitless ocean of intelligent force. There is no separation between any one of these focal points of conscious action and the Wholeness of consciousness.

Those who have become consciously aware of con-

cious consciousness through the ages have known this and have used the knowledge in their daily life. They have recognized themselves as the unlimited consciousness and thereby have become the controllers of it. The average man who claims himself a conscious being has through the development of a personal ego blinded himself to the reality of his being and understanding of cause consciousness so that he is expressing not more than one tenth of one percent of his potential ability. Think of the possibilities ahead of man when he shall have enlarged his field of awareness.

We have been taught that all things are possible with God. God is consciousness, and man cannot separate himself from consciousness for he is that. Are not all things also possible therefore, with man? Jesus the Christ understood this unlimited capacity for expansion when he said—"Greater things shall you do than I have done." He put no limitations upon himself or upon another. It is through the understanding of the consciousness, which is oneself, expressing through all forms that gives one the power to control all elements. Cannot a being command himself into action? Cannot consciousness direct its own movements? This mighty Cosmic force, with power to do and the intelligence to direct, is the most generous giver of all things to those who utilize every fleeting conscious moment, but it turns a relentless executioner in the hands of those who pay no attention to its gift of ideas.

Until quite recently mind and matter have been considered as widely separated as the poles. The materialist has exalted matter into predominance and the metaphysician has given the supremacy to the mind, while consciousness has received scarcely a consideration. There have, of course, always been alerted minds in the world who understand the inseparable relationship of mind, matter and consciousness and have made use of this knowledge in the field of practical evolvement, but the world in general has chosen to remain in the mystery of divisions.

Science has done much in proving many things which the majority of the people of the world previously refused to accept. It has proven, for instance, that all forms are made up of cells which are composed of the same elements as the earth, air and water. It has revealed the fact that the human body is no different in composition than any other form in the mineral, vegetable, or animal kingdom. These cells or atoms of matter possess a certain amount of intelligence and are actually little entities not unlike the human being, but the world has not easily accepted the belief that a particle too small to be seen without the aid of a microscope can be the possessor of a mind, or intelligence. Science has now brought forth the proof of this. It speaks of living and disintegrating atoms

of matter, and in working with these tiny cells it has learned to release a form of energy from the atom which is seen as a ray of light. One professor of science has spoken of this as the soul of the atom, which certainly implies intelligence.

It needed not the aid of science, however, to prove the intelligence of matter, for the very fact that bodies act and grow proves that the cells must possess the consciousness to receive instructions from a higher intelligence. We know that nature takes its own course in healing the body when called upon; that a thought given by a man is immediately acted upon by the cells of his body, so matter must have a mind which is capable of receiving the command of either man or nature or it would not act accordingly. Mind, itself, is nothing more than the highway over which consciousness projects ideas to set matter in motion. If matter were not the possessor of mind there would be no avenue through which it could receive the thought impressions; if it did not possess intelligence it could not act upon impressions, and if it did not possess consciousness it would be totally unaware of the command and would remain in a state of complete inertia.

We know from actual experience that when a thought is sent over the highway of mind that all of the cells of the body respond in a perfectly unified state in producing that impression in outward form. It is not difficult to know if a man is joyous or angry. The thought of anger will mold the matter composing the body into an exact image of itself — contorted features, flashing eyes, clenched fists, set mouth etc. It may even produce a state

of intense trembling throughout the form. If the thought is changed to one of joy the body again responds and matter is molded according to an entirely different pattern — the eyes glow with a soft light, the features are relaxed, and the whole form becomes one of simple grace, a symphony of harmonious action.

Mortal thought, however, is not the intelligence, it is but an idea projected by consciousness. It acts as a messenger between the sender and the receiver just as an idea consciously projected into a microphone travels on the mind of a radio (the ether waves) to the receiver. The great unlimited force of intelligence, which is consciousness, broadcasts a message in the form of thought; this message travels upon the highway of frequency called mind and contacts every part of the body. Since every cell is the possessor of mind the idea impresses each of them at the same time and they as a whole give expression through and upon the body. This is the same principle used in the operation of radio. Once the message is given over the microphone all space is affected since it can be picked up anywhere by a good receiving set. Thought affects the whole of matter in the same manner. The radio frequency is carried on the waves of ether and is neither seen nor heard outside the studio unless it passes through a receiving set. In this same way consciousness projects itself as an idea through space by an instantaneous action affecting all space at one time and the idea which is supported upon the waves of mind become manifest only after passing through the instrument of matter. In other words, mind is the channel over which

man is supplied with conscious awareness just as the ether waves are the channel over which we receive the musical and oratorical expression of the consciousness broadcasting them.

The sense mind personifies the impressions received and distorts them with self opinions. If the radio ethers are disturbed we on the receiving set get the disturbance called static, which means that we cannot get the program clearly. This is also true with man, for when the mind of man is disturbed that which is coming from the broadcasting station of consciousness is not revealed perfectly and matter goes into action with a distorted conception of its mission. The result is a state of confusion within the body. Cosmic consciousness is never confused, it is always in a unified state, so the harmonious manifestation of an idea depends upon the stillness and impersonal attitude of the mind. A clear peaceful mind will always bring desirable conditions. A disturbed mind will cause distorted conditions.

This proves to us then, that mind is not all there is since it can be used one way or another. Evolution is not the expression of mind but the expansion of mind. Just as an ungraded road is broadened and leveled in order to accommodate more traffic upon it, so must the highway of mind be expanded and smoothed in order to allow consciousness to project more numerous vehicles of thought to their proper destination. Mind is only the channel of expression, the avenue by which consciousness manifests itself in matter. Body, mind and consciousness, then, are one and inseparable. The body of matter would cease to

exist if it were not supported by consciousness. Consciousness could not express itself in matter were it not for the conveyer over which it travels, and mind would be a useless nothingness were it not acting as a channel between the two.

Remember, mind has the possibilities of expansion. Matter, again, is in the process of evolution; so neither mind nor matter is all in all.

CONSCIOUS AND SUB-CONSCIOUS MIND

There has been, and is, widespread misunderstanding regarding the status and function of the subconscious mind. This lack of knowledge has caused many people to get lost in mysteries which are of no value to humankind. There are books and teachings regarding the subject, which we find by research to be wrong. We know that the so-called conscious mind, which is the intellect that we use daily to govern our normal activities, is very fickle and weak. This mind receives impressions from the senses and formulates its own opinions and is subject to uncertainties, fear, or any emotional change that comes its way. This mind gives credit to a sub-conscious mind which it feels possesses memory of past events and a greater knowledge of things unknown to itself.

This so-called subconscious mind is in reality one in consciousness with the ever present Cosmic Intelligence. It is the Soul mind in the body of man; that which built and maintains the body. It fears nothing and respects nothing in the sense of personal respect. The sense mind is negative and the All-knowing mind is positive and they are one. In order to enjoy the full benefits of each, man must discipline the sense mind to follow the dictates of the Soul mind. This mind gives impressions for action that is sometimes beyond the perception of the sense mind, and will continue to do so from time to time until

the sense mind executes the impression perfectly, so that it may partake of the experience of right action. Just as a teacher would tell a child to do something in a certain way and the child did not do it, but made a mistake, if the teacher should allow the child to go on that way, would it ever know the right way of doing that which it was told to do? No. Therefore the teacher, in order that the child may know the right way, insists that it be done over and over until it is done right and by so doing the child has the practical experience of how it is done.

To bring ourselves into a broader state of conscious awareness we must transfer the controls from the sense mind to the All Knowing consciousness; and by so doing we transform the body into its natural state. The conscious thoughts that we entertain in our mind draws like conditions unto us. If we wish to expand in conscious awareness of that which we really are we must place the past conditions which have already served us in their proper place, and progress into the vast understanding of a limitless being.

Knowing what we are, we then have to hold fast to that which we want and eliminate from the conscious sense mind that which we do not want. We are bound to get results if that which we want is the right thing for us to have at that time. Otherwise we will get what we need at the proper time.

But man must have faith and confidence in the workings of the eternal law; if he has any doubt he will block the condition from appearing. A doubt as small as a mustard seed will keep it from him, but should he have

faith as small as a mustard seed he shall have the desired manifestation.

Man has risen from the savage state to the present civilization only by wanting the better things of life, knowing that he could have them.

MAN IS A FOUR SENSE BEING

One of the greatest bits of wisdom ever given to man by the outstanding philosophers of all ages is composed of two words: "Know thyself." That one assignment has kept the seekers of knowledge hard at work for billions of years, and it will still be a supreme admonition a billion years hence. It is an eternal study, for man himself is eternal. In that one statement the philosophers have taken in the whole of the Cosmos.

The desire within all men to understand themselves is increasing tremendously. Theory upon theory has been advanced in the endeavor to throw some new light on the subject. Of late years we have heard a great deal concerning the senseman, and the control of the senses as a means of living above conditions and environments, yet we are still struggling under a misconception concerning them.

We have looked upon ourselves as a five sense being possessing the attributes of sight, hearing, taste, smell, and feeling or touch. We have drifted along idly contenting ourselves with this analysis of our makeup, but recently we have become quite curious to know just how these senses work and what they are. In our seeking we have run our craft upon a rock. We have been unable to account for certain elements of action which we have encountered in our daily lives and so to relieve the tension

of this uncertainty some of our most learned theorists have endowed us with a sixth sense. To this added sense has been attributed all the phenomena that have been unexplainable in the five sense man. In fact there have been those who have sought to add a seventh sense. The mortal mind seems to have a faculty for complicating that which is very simple and thereby creating confusion instead of understanding.

If you have accepted the theory of the sixth sense you will no doubt be surprised by the statement which I am about to make, but as one of the great Chinese sages has expressed it — "The truth that we least wish to hear is that which it would be to our advantage to know."

The purpose of this lesson is to show you by means of practical analysis that man is not the possessor of the five senses but is actually a four sense being. This, we realize may be more difficult for you to accept than the belief in the sixth sense, for we as mortals can more easily accept that which we feel adds to, rather than subtracts from that which we think we have. However, this subtraction, as you will find, is not in the nature of releasing something as a loss, but as the process of gaining something much greater.

Let us, therefore, analyze the sense man. You have believed that man is endowed with five avenues of expression — sight, hearing, taste, smell and feeling. Each of these attributes is supposed to have the ability to act independently of the others. We can close our eyes and hear, taste and smell. It is possible to decipher between sweet and sour without hearing, smelling or seeing the object in

question. We can certainly tell the difference between a bit of garlic and a rose without using the sense of sight, sound or taste. So it is possible to prove that four of our senses do work independently of each other. But now let us remove that which is known as the fifth sense; let us deprive man of feeling. What is the immediate result? The result is a state of unconsciousness; the four other senses have ceased to function, even though the organs of sense themselves, are still existing in the body. The eyes, nose, palate and ears are uninjured yet they do not see, smell, taste or hear. Apparently these senses cannot, then, work independently of feeling. Does this not prove that feeling is not a sense, but the conscious power which gives sensation to the senses?

Each sense is able to operate independently of the other senses only so long as it is supported by the life force of feeling, but the feeling or consciousness is entirely independent of the four senses. The sense of sight, taste, smell and hearing might all be destroyed and yet so long as the feeling remained man would be a conscious, active being, knowing joy and sorrow, peace and pain, and altogether very much alive. The feeling is indestructible. It is the eternal, the everlasting intelligence. The destruction of the body cannot destroy the feeling, which is consciousness. It is like the electricity which flows through the wires to the bulb to produce light. If the bulb is destroyed the electricity cannot produce light through it, but the electricity is not destroyed. On the other hand, if the electricity is withdrawn it matters not how good the bulb may be, there will be no light emanating from it.

Within the last few years the attention of the world of science has been attracted to the many cases of suspended animation where the body remains for months in a state of perfect preservation. The sense organs are normal, yet they cease to function in a conscious way. Why? Because most of the feeling has left the body; approximately ninety-nine percent of the consciousness has left, and while one percent of feeling within the body keeps it from disintegrating, this is not enough to cause any apparent awareness within it. Many of these cases have reentered into active life. The feeling had again taken possession of the body and reanimated the inert organs of sense producing in them a state of conscious awareness. If understood rightly these four senses of man correspond perfectly to the four elements of creation, and the so-called fifth sense is the stimulus which imparts to them the animation necessary to produce conscious functioning.

In other words this sense is merely the unification of the four senses with that unlimited conscious feeling which controls, supports and animates every conceivable thing in the universe. It is the expansion of the four senses in the channel of feeling which makes of the mortal sense man, a conscious user of conscious power. Through this education of the senses the sight becomes a microscopic sight extending beyond the gross material forms; the hearing is expanded to catch the soundless sound frequencies, etc. Each of the four senses Will themselves into greater fields of awareness through the recognition of Cosmic Feeling which is the mother-father thought supporting

them.

The mortal may be likened to a violin, which is the closest to the human expression known as man. Upon the violin there are only four strings; through the medium of those four strings can the coarsest or the most celestial melodies be played but the instrument is only a bit of wood and string until it is acted upon by a conscious intelligent force. The sounds produced depend upon the skill of the musician. The four senses in the instrument called man are unable to bring forth any expression of life without the aid of the All-Inclusive consciousness which is feeling.

Feeling is a state of alertness — when expressed impersonally it is conscious awareness of conscious consciousness.

When that feeling is no longer playing upon the senses they lie inert like the muted strings of the violin after the consciousness of the musician is withdrawn to another channel of service.

In a television program called "Frontiers of Mind," the Bell Telephone Company presented an excellent scientific demonstration of what touch is and how it reacts to electrical impulses. It showed that touch is not a sense organ but acts as a telegraphic system via the nerves to the brain. It registers that which it contacts and relays that reaction as electrical impulses through the nervous system of the body. Touch is inseparable with feeling, for feeling gives sensation to the nerves.

Science has now proven that the so-called fifth sense should not be classed with the other four.

THE HIGHWAY OF PROGRESS

The sages of the Orient left to posterity many words of wisdom that might well act as guide posts along the way of life. Among the Chinese proverbs is one statement to the effect that "a journey of many miles begins with one step."

In these days of restless activity and innumerable new discoveries, in the babble of uncounted creeds claiming space contacts and guidance, and in the uncertain whirl of diversified circumstances it is well to contemplate this bit of wisdom and stabilize oneself in the thought that action begins with one single step. That regardless of how far or how near the goal may be there can be only one step taken at a time. It is the first stride forward or backward that will carry a man in that direction. This is true of every act of our daily lives and is just as true in our start to live a unified life. It takes but one step at a time to lift us out of the rut of the old habits and start us on the highway of the new, but that step must be complete; we cannot put one foot forward and keep the other in the rut, for in such cases we will have made no progress. That is what many people are doing in their effort towards moving into the newness of cosmic life — trying to go forward into the vastness of Cause while clinging to the limited sense conceptions of traditional belief and opinions.

It takes courage and faith to walk the road of progress; the doubter will remain forever in the same old rut. He may turn his vision towards greater knowledge but it will remain forever a dream of mystery unless he releases himself from the spot upon which he stands and takes one step forward.

What would this country be today if the pioneers who set sail from lands across the sea had lost faith and courage and spent their days merely dreaming of the new land while their ships remained anchored in the ports of the old world?

The thousands of scientific discoveries that have benefited humankind would be still in the realms of Cause if some few men had not had the faith to bridge the gap between the known and the unknown and had the courage to take the first step upon the bridge. The many things that we enjoy today may be laid to the credit of the few who were courageous enough to move forward into new realms of perception.

It is true that the step into the wholeness of life carries us into the unexplored but what would our existence be if we remained always in the world of the obvious? Delving into any subject takes us from stagnation to knowledge and progress. There is no need for any one remaining in the state of disintegration or static mental condition when everyone is privileged to step into the newness of things and study in the school of everlasting advancement. There is no place to which a man is bound; he may go forward freely whether it be in a world of acts or in the universe of facts. There is no standing still; one must go

either up or down, and the upward step is always the proper one to take. All of the storehouses of earthly knowledge in which various manuscripts are treasured contain not even a beginning of the wisdom that is held within the storehouse of the cosmos.

One step can set a man on the highway of eternal learning — the everlasting revelation of facts that exist only in the laboratory of Cause which knows no limitations or boundaries. But after you have taken the first step, learn the lesson of patience so you may not try to travel faster than your understanding will permit. One step will set you on the highway, but there are billions of steps ahead of you, for after you have reached a goal you still must travel through Eternity. Man can never attain the totality of all that is to be known, for if he could do that there would be an end to all things. Knowing that this is true, why be impatient to forge ahead? Each step we take is new; each step is the first one from the point that we have previously reached. It is well to have ideals; we are given glimpses now and then of the fullness of the life ahead of us so that we may be inspired to continue action, but if we keep our eyes totally upon the future we are sure to miss the beauty of the present and we may stumble into a briar patch and endure much suffering while trying to extricate ourselves.

Remember that youth is the result of constantly renewed thoughts and life is activity — it is progress. The first step taken in any field of accomplishment is an initiation into a new endeavor and requires a certainty that is born of perception — an assurance of a vastness that lies

beyond our present line of vision. Neither you nor I know what each new step will bring but the journey must be made and only faith will reveal truth to us.

Through our life on earth we have learned a great deal; how much more we shall learn as we venture into the realms of Cause. We shall know much more beauty than we have known in the world of effects. Our admittance to such knowledge is not difficult — just one step can prove itself the key that will unlock the chambers heretofore unknown to us. "There is nothing," we have been told, "that shall not be revealed." To the vision of the brave in heart no truth can be concealed. One single sacrifice — the releasement of old thought habits, may bring rewards far greater than you have ever dreamed possible.

FAITH

Faith is perhaps one of the most widely discussed topics in the world, yet it is the least understood. Teachers, ministers, psychologists, etc., all advise the development of faith and proclaim it as the basic quality of life but find difficulty in explaining this particular faculty.

We know that all things in the manifested world are possessed of the positive and negative aspect. Faith is one of the positive aspects of man's character so what is the opposite of faith? Fear, of course! Therefore, to understand one we must understand the other; they are the two ends of one pole. Fear is the lower expression so let us begin with an analysis of it and work upward to faith.

If we analyze fear we will find it to be produced by a state of wondering in regard to our support and safety. In most every case fear is focalized about one's personal being or self-interest. Most men look upon the activities of life in the light of the effect that they will have upon themselves and those dear to them. They are living in the consciousness of the effective world, depending upon outer things for their support, and the recognition of the instability of outer effects produces a condition of uncertainty within their own minds. We may say then; that fear is the self-centered state and faith is living the impersonal state of being. Fear is based on effects; faith is based on Principle or Cause.

How often quoted is the expression of the Christ, "If ye have faith as a grain of mustard seed ye shall say to this mountain, remove hence to yonder place, and it shall remove; and nothing shall be impossible to you." * This statement has been used to show how little faith is necessary to bring forth manifestation. Notice, however, that the words are not "faith as great as a grain of mustard seed" but "faith as a grain of mustard seed." Not the quantity of faith but the quality of faith is called to note in this statement. Let us study the consciousness of the mustard seed. Is it ever overcome with fear in regard to its personal existence? What causes it to grow? Is it not the conscious impulse force within it which promotes it into action? The seed knows nothing but this urge within itself which causes it to expand, burst its shell and proceed upward into the light. It does not seek to resist this force of natural growth nor does it wonder if it is right to act in this manner. It acts unquestioningly according to the law or principle of its purpose. It does not look to effects — neither to man, to earth, water, or sun. It expands into a mature bush because the forces within it command it into such growth.

At this point you will, of course, say, "But the seed could not grow without the support of the earth, air, water and sun." This is true, but as the seed obeys the command of the Cosmic or Cause intelligence all necessary elements unite to bring it forth. The seed is not com-

* Matthew 17:20.

manded to push through the ground in the cold winter months nor does it seek to grow without that urge from within. It waits patiently till it feels that the time for growth has come. What would happen if the seed questioned the urge to grow as man questions new ideas of a broader conception of life that try to impress themselves upon his mind? As the seed by not resisting the urge grows into a beautiful bush, so man, likewise, may be assured that if an idea or desire arises that is impersonal, it is there for a purpose and if acted upon will produce beneficial results. A desire can be kept from manifesting only through the effort of the personal will in resisting action. For the thought or desire is the actual Cause which fathers the outward conditions.

The development of faith in man is the growth out of the personality into the impersonal expansion of awareness; from effect to the cause back of all effects.

There is no such thing as absolute unbelief; there is only a growth from the lesser faith to the greater faith. As the teacher Zoroaster explained, "Evil is but unripened good." Likewise, fear is but undeveloped faith. Man has come from Cause Intelligence to the world of effects; his mortal sense mind lost the memory of Cosmic Cause and he is now in the process of reestablishing himself; he is on his way back to oneness with the Principle where selfishness with all of its innumerable effects is dissolved. It is through the recognition and realization of Cause that faith is stabilized.

Why do we have perfect confidence that the sun will rise each day? Have you ever known a man rising each

morning, hours before dawn, to sit wringing his hands in tense anxiety over the prospect of eternal darkness? No, we have no such fear, and the primal reason that we do not doubt in this case is because the action of the suns and planets is greater than our mortal mind can conceive and therefore we leave such actions entirely in the hands of the All-Knowing Principle which understands and perpetrates all action. In this case we realize our personal insufficiency and so do not concern ourselves by exerting mortal effort in regard to it. We simply allow it to take place.

Do we worry that the rivers will start flowing up hill, or drop a weight and hold our breath that it might rise again, or throw a ball into the air and doubt that it will return to earth? No, for again we know the principle governing such action.

Our lack of fear is not due to our confidence in matter but our inherent faith in the principle supporting and controlling matter. I say inherent because Cosmic Cause which produces faith is within every one. It is closer than hands and feet and whether or not we as mortals openly admit its existence we do realize it or we would not be conscious, living beings.

It behooves us then to study Principle instead of focusing all of our attention upon the effects of Principle (source of origin). When we direct our attention towards that inner guiding force we become fully awake and feel the inter-relationship of all life. There has never been a time when one released the personal ego to this inner force that he has not seen some immediate result of

action; so as one becomes more fully aware of his oneness with the All-Intelligence his faith is increased and consequently his fear is decreased. Faith is the result of one's unity with the Whole, and such unity cannot take place until every thought of selfishness with its whole category of resultant fears steps aside and leaves the highway of understanding free of barriers. So we may see that absolute faith is not of easy attainment — it must come through a gradual growth just as all things change by degrees. Faith is actually an expansion of conscious awareness to include more knowledge and certainty of action.

"Verily, verily, I say unto you, except a man be born again he cannot see the kingdom of God." *

Thus spoke the Christ, to whom Life had revealed her mysteries. This statement has been made the very foundation of religion, but Nicodemus of old, who asked of the Master, "How shall this be? Can a man enter the second time into his mother's womb?" † is not alone in his ignorance of the second birth.

The Master said, "No man ascendeth up to heaven except he that came down from heaven, even the Son of Man which is in heaven." ‡ Meaning that the second birth is the conscious return into the original Cause state out of which all things proceed into the world of form. Man has descended from Cosmic Cause and he has the privilege to return again to that impersonal state of conscious awareness of Cosmic Cause. When he was born into the world of form he became lost in the appearances of matter and no longer understood the vast Cosmos. He has given himself over to the dictation of the senses and his mind is slow to accept the guidance of the soul. His understanding of the universe has become limited to the effective world — his whole attention is given to the analysis of form and he has been blinded to the Cause back of form. So before he can come into his own original self, he will

* John 3:3. † John 3:4. ‡ John 3:13.

have to be born again — born into the unlimited perception of the All Intelligence. As the first birth has given man an understanding of the form world like himself the second birth will expand his awareness of the unmanifested Cause world. Man's duty now is to burst the bonds of ignorance — to emerge from the matrix of earth and perceive the vastness of Cosmic Cause.

The second birth does not necessitate the death of any form of consciousness nor the death of the body; it necessitates only the uniting of the two phases of consciousness into the awareness of oneness. The second birth produces unlimited awareness, uniting heaven and earth. The sense consciousness and the all inclusive consciousness become equally balanced and man begins to learn about the Cosmos.

Not until the teachers understand this can they save anyone or themselves. Many scientists are closer to the second birth than is any so-called spiritual student. One of our greatest scientists made the remark, "When I am fatigued with mental effort and have ceased to ponder over a problem I find that is the time when the truth of the question is most clearly revealed to me." This is a glimpse of the second birth — when the mortal consciousness is released into the hands of the vast consciousness the veil of limitation is rent asunder and truth is vividly perceived.

It is man's duty to be a happy child in his Father's house, and to do this he will have to be aware of the house. He must be aware that he is now in the heaven that he is seeking to enter and that within his form of self

is the ever present all-inclusive intelligence.

Here lies the answer to the question as to the constant urge in the heart of every human to know more about the composition of forms as well as the cause and purpose of action, for it is the Cause Parent impressing the effective child to know more about the vast possibilities so that he may enjoy all that the Father has to give.

EMOTIONAL BALANCE

As we all know there is a great unrest all over the world. The conditions existing in the national, home, and personal life all display quite clearly the loss of equilibrium which now exists. Each individual feels the need for security and the people of the earth are demanding something that will bring about more stable conditions. The desire for equality and balance and some feeling of assurance have caused some people to return to the churches and many to follow the teachers who profess to know all of the answers concerning the new dispensation. Unfortunately there are extremely few individuals who are equipped with this type of knowledge.

We find that students who have studied under one teacher or another are very confused and living in a state of dissatisfaction concerning the world they must call home. They are looking to the day when they will be privileged to become the inhabitant of another planet. They can see no beauty in this world, being conscious only of the pain and misery which exists.

Teacher and students have made the mistake of separating heaven and earth and so have been carried from one false balance to another. The impersonal man will unite heaven and earth; will incorporate idealism and practicality; will bring the peace and beauty of the celestial into the concrete materialism of the earth. Anyone

who cannot live a happy useful life here in the present world will find it no easier in another world. The Father, by whose breath we live, has but one Law that governs all things. He created this planet as He created all others, and the same principle directs its action. All worlds in the cosmos are alike in principle and to one who lives according to the Law there is no division of perfection.

In Matthew 5:34-35 is the admonition against division plainly given: "But I say unto you, Swear not at all; neither by heaven; for it is God's throne; nor by the earth; for it is His footstool; neither by Jerusalem; for it is the city of the great King."

Neither heaven, the place of cause, nor earth, the place of effects, nor Jerusalem; symbolically used to represent the earth's inhabitants, can be called one greater than the other. These instructions were given against discriminating or calling one part better than the whole. Heaven and earth are not two but one, each expressing the other; man is no lesser for he is both, an integral part of the Whole. Divisions exist only in man's opinions when he calls one greater than the other, for in so doing he is judging and setting himself above the Creator.

From the heavens comes the cause and power of creation and yet the earth, being the Father's footstool, it is the foundation upon which He stands. So instead of desiring to live elsewhere one should learn all there is to know concerning his present earth home and recognize it as a garden of beautiful, heavenly things, the actual garden of the Father.

Innately every human feels an ideal life that he is

seeking to find but each individual wants this heaven to be according to his specifications. Many groups have started with high ideals but when the personal opinions prompted by the ego of some of its members have not been accepted the ideal was lost in the fog of emotional differences.

The everlasting spark of life which allows man to express as a form is never separated from Cosmic Cause; when man controls his mortal sense mind to think beyond apparent effects he begins to understand the purpose of life and gain a margin of emotional balance.

The emotional force which rises in the mind when one's will is crossed by another's is very destructive for it draws the actor into a whirlpool of unbalanced action, and he is blinded to reality.

All that man is in reality — is the thought that he is consciously aware of for the moment. Each moment follows the preceding moment and the key, if there be one, is to keep constant vigil over our reactions so that the next thought will be one that we can enjoy entertaining in our mental house.

There is so much bickering over personal opinions, and what does it profit man? Nothing, for it is a consumer of time and energy. This does not mean that there should not be an intelligent discussion about a subject but when the mortal sense mind is quiet and receptive it can see the picture clearly.

Emotional balance maintained under all conditions is essential if one wishes to have lasting happiness and good health.

Any emotional extreme disturbs the normal frequency action of the chemicals of the body. Excitement, whether it be caused by extreme joy or fear or anticipation, allows the normal amount of certain chemicals that go into the blood stream to be changed; thereby changing the normal action of the heart. This in turn affects the nervous system and the cells of the body and causes one to feel weak or ill.

This change is similar to a high precision motor that causes a frictional deterioration on all of its parts when it is not properly synchronized. Each emotional unbalance curtails the free life flow and causes damage to the body, until the mortal sense intelligence comes to the realization of its limited and destructive influence and releases its personal ego to the Cosmic Life Force.

The choice is yours, for the acts of today bring the rewards of tomorrow. Enjoyable rewards will come to those who are living according to the laws set in motion by Cause Intelligence — giving honor to the All-Creative Principle of Life, and such honor does not incorporate the characteristics of emotionalism or self hypnotism.

Religion and so-called spiritual teachings have not, in most cases,. brought true realization to the heart of humanity. Some of these organizations practice rituals and affirmations which produce a temporary intoxication during the performance of the rites but tend towards a tremendous "let down" after the service has been completed. Most of the individuals attending, upon returning to their worldly pursuits revert to the old ways where the survival of the fittest attitude takes over, and man continues to take advantage of his brother instead of being his brother's keeper. In the religious sanctuary the individual feels that he would help any one according to their needs and where hate had been, there arises an emotion that is interpreted as love, but outside of the sanctuary these emotional influences change, which proves that they were nothing more or less than a form of hypnosis induced by the service that he attended.

Is it not true that when a hypnotist wishes to put a subject under his control he suggests something which he

asks him to hold steadily in his mind? If the subject does this he becomes the victim of the hypnotist's will and is forced to obey whatever thought is presented to him. The hypnotist can make his subject believe anything that he tells him. He can cause the individual to eat onions thinking that they are apples and he will not discern the difference, which proves that the subject has lost his reasoning as well as his will power.

Religion in the early days held the upper hand over the masses through such actions as this. The Soul-seeking populace were thrown into a state of emotional hypnosis which made them an easy prey to the more clever individuals who perpetrated such methods of worship.

Did you ever attend a camp-meeting where the participants threw themselves into such a high emotional state that they were finally hypnotized into performing things they could never have done when in a normal state of consciousness? After coming out of this emotional spell they were asked if they knew what they had done and the answer would be a negative one. All that they were conscious of was the fact that the Holy Spirit had them under control. This proves that they were under an imposed influence which deprived them of their power of reasoning and will.

Some self-acclaimed Truth Centers are using this emotional hypnosis, induced by various methods. Innumerable individuals are testifying to healings but permanent healing or the regeneration of the body must be attained through an understanding of the conditions to be dealt with, and the execution of all actions must be

taken in a free and conscious state of will. True faith is not a state of self hypnosis, it is a knowing, a willing of the personal ego will to the guidance of the All Intelligent Cause Will. The Will is the man and if the Will is restricted or held in dominance by another the individual ceases to exist as a thinking, reasoning being. Man must understand the forces of his being and control those forces to bring about the desired effects in his life.

It is true that many effects similar to the desired actions can be produced through self-hypnosis but when the person has returned to his normal state of mind he is unaware of the process by which he gained the experience. It therefore does not benefit him for he is never able to contact that particular experience again, and he has weakened his will. The Will is the controlling element of man's being — the element that makes the individualized consciousness a man or a beast, god or devil.

Success in any endeavor comes not through self-hypnosis but through self-control. The perverted will is the cause of all mortal suffering but that suffering cannot be permanently lessened by a mere suppression of the will through any form of hypnosis. The will and understanding must be united to produce a worthwhile life of service and accomplishment. Emotionalism can very easily produce illusionary effects and lift an individual into a temporary state of ecstacy but it will never bring about the regeneration of the mortal body or the changing of the ego-will to the cause-will which is necessary for an all-inclusive understanding of life and the cosmos. There is but one way into the sheepfold and that is through the

expansion of conscious awareness in the field of understanding and a systematic training of the will rather than the deadening of the will.

The Christ said, "Fear not the man that slays the body but fear the man that slays the soul." This individualized soul is the reasoning and will-power of man.

Newness, constant action, progression of thought, substitution and replacement of ideas keeps one in pace with life. If you seek a broader understanding of the cosmos you need not affirm or deny but use your emotional power with reason for the betterment of yourself and others. Control your emotions instead of being a slave to them, for uncontrolled emotion which is temporary self-hypnosis is the cause of crime. You may never take the life of a fellow-being but if you indulge in self-hypnosis you will be guilty of killing your own soul.

RELAXATION

One of the most ascribed methods of attaining physical and mental well-being is the development of the ability to relax. Psychology, medical science, athletes, etc., all acknowledge the beneficial results obtained when the body is not tense, but the average individual finds it difficult to relax at will.

I believe that there is a misconception regarding relaxation. It is often thought of as a state of inertia, and people will be heard to remark, "Oh, I haven't time to relax; my work keeps me busy every minute." If relaxation were truly understood such ones would realize that there is ofttimes much greater relaxation in work than in so-called periods of rest. The law of nature demands purposeful action and if a person is intensely interested in his work he is making of himself an open channel for the free expression of energy which is always waiting to be used. In other words, a person who has lost himself in some particular piece of work forgets to set up the usual mortal resistance to free-flowing energy and so opens himself automatically to its benefits.

Relaxation should be used as a process of reestablishing harmonious, non-resistant action; the true way of expressing those words of the Christ, "Not my will but Thy Will be done."

Relaxation is not inertia! A person may be very quiet and still not be relaxed. It is possible to be in a state of

lethargy which may be interpreted as relaxation but such a condition is no more than the effect produced by loss of equilibrium which lowers the frequency of the body cells and puts them in a state of partial coma. Such a condition is to be avoided for it is actually destructive. Relaxation does not include the creation of a mental vacuum or the cessation of action. It is the means by which the mortal consciousness releases itself to the greater action of the Cosmos and therefore should not and cannot produce a dormant condition in any part of the body. If a person is not aware of a finer and more intense activity taking place within his being he can assure himself that he is not relaxed but has merely dropped into a state of indifference.

A person may quiet the body through a form of self-hypnosis, but this is not relaxation, for it destroys the free action of the body elements. The body is composed of tiny cells in each of which there is a spark of potential energy capable of unlimited radiation. This spark or nucleus within each cell is the animating energy of the body, but because the particles surrounding this central force are generally held in the tense state they act as barriers or resisters to the energy within. When this tense condition is released the outer substance composing each cell becomes receptive to the energy at its center and is set into a higher frequency through the action of the interpenetrating force.

Relaxation reduces the friction within the body by eliminating the resistance of one cell-form to another. For instance, if a large number of fish were placed in a very

small bowl there would be constant friction due to the inevitable contact between them, and the action of each would be retarded because of the congested condition existing within the bowl; but if these same fish were released into a large pool they would swim about easily without interference with one another. They would be in a position to use the potential energy which they possess. The cells in the body act in the same manner and it is the mortal sense mind which must release them for free execution of their purpose.

The average individual does not realize how completely he is bound and limited by his own opinions. Tenseness is wholly a condition caused by the personal ego; possessiveness, greed, fear, covetousness and self desires all produce a set and unyielding condition within the body. The person who is of a very positive nature finds relaxation a most difficult accomplishment, for relaxation consists of releasement and non-resistance. It is a natural state of being which should be maintained at all times but cannot be held by one who is absorbed in self interest only.

In the beginning, man dwelt in the state of contentment and relaxation for he knew no "thine and mine" — he was guided totally by the Father and his every conscious thought was executed freely and perfectly in its pure state of perception. It was only when man set up resistance to free-action that he became tense; the results of which are pain, disease and death.

When relaxed one is flexible and receptive to unlimited conscious energy which is free to all who draw upon

it. Life and energy are limitless but we can have only as much as we are willing to accept.

The people on Venus live this law and thereby do not have to endure the unpleasant conditions that we must contend with on earth.

Man is capable of expressing the fullness of life but he must become non-resistant to cosmic energy if he would have it express through him. He has lost the true course of action by exalting the personal ego; he has created the habit of believing that all accomplishment is brought about through the exertion of personal effort. He fatigues himself unnecessarily by trying to force conditions which will come about perfectly in a natural way if allowed to do so. Much energy is wasted because of personal dominance. It is difficult for the mortal to understand that impersonal non-resistance allows a free flow of energy, that in peace there is more intense activity than in friction. Man has become so aware of the coarser frequencies that he cannot realize action in its finer, more quiet and peaceful state. One who does live the non-resistant, receptive attitude has found the highway of true happiness, for he knows no fatigue, no pain, no disappointment.

The idea that one must become strenuous in outward action or must display an appearance of great personal effort in order to accomplish outstanding things is a false belief. The person who reaches the greatest heights of accomplishment is he who holds all of his actions in a serene and peaceful state, recognizing the fact that he is not the instigator or projector of intelligence but only the

form through which it flows into manifestation; and the more fully the recipient is cleared for action the greater the action will be.

It is not the exertion of the personal will but the releasement of the personal to the impersonal will which brings increased energy and wisdom into our lives. We need only to remove the barrier of "self"-ishness and a tide of understanding will flow in and through our being until we become immersed in its activity.

THE LANGUAGE OF THE COSMOS

In recent years there has been a greater trend towards the brotherhood of man than ever before in the history of this civilization. The advent of radio, television, etc., have united the world into a common relationship. There has been much discussion among the learned men of every nation regarding the possibility of formulating a common language so that intercourse between peoples of different nations may be facilitated.

Although few men are aware of its existence there is a universal language — a language which includes not only the expressions of man but that of every living thing; a language so simple that even a new-born babe can understand.

We have conceived the idea of a universal language among men because we are aware of being able to understand the human voice and have developed the habit of expecting the voice of man to interpret for our benefit the thought which passes through his mind, but we have not included in our efforts of unification any but the man kingdom. Why should this be so, for are the sounds which make up the various languages so different than those of nature itself? As the different races of men speak with various sounds and combination of sounds; each form of life in this world does the same, yet we do not seek to

understand them. Man has limited himself to one phase of life and has closed the door upon the vastness of the Cosmos. This is due to the fact that he has given recognition only to the mortal senses which gain their impressions from outer things. He expects to hear only those sounds that are coarse enough to affect the physical organ of hearing and so he loses the ability to interpret the cosmic language as a whole. And what is this cosmic language? It is conscious feeling — the voice that speaks through every form and which, therefore, unites All into an inseparable unit. There is nothing in the cosmos that cannot speak to man with the voice of conscious feeling and there is not one thing that cannot understand that language. It speaks as clearly through the smallest thing as it does through the greatest.

You are related to everything in the cosmos. The language of consciousness is spoken by all, and if you will be continuously aware of this fact the time will come when you will understand every living thing. The leaves upon the trees, the chirp of the birds, the croak of the frog, the hum of the bees — all will speak to you and you will understand life as it manifests through each individual channel. Every slightest sound will become a voice no different than the voice of another human and you shall partake of the consciousness of each thing that lives.

Why is one affected by music, for instance? It does not speak words as a human speaks and still one melody will produce a feeling of great joy, another of sadness, and still another will carry one into a state of exaltation. It effects a person who has never studied the science of

harmony just as it affects the one who is a musical master. Music is a universal language for it is interpreted through the Cardinal Sense of Feeling.

Why is one very joyful in the springtime and vibrant with life? Why does the feeling of quiet releasement come with the fall of the year? Because nature speaks the cosmic language and man, though he realizes it or not, understands that language and is affected by it.

If it were not true that a universal language exists how is it possible to train animals to act according to man's command? Even a little insect like the flea can be trained to perform perfectly. It is certainly not the human voice or the words spoken in French, English, Spanish or any other tongue that guides their actions; it is the voice of conscious feeling which speaks more clearly than any audible word.

The language of the cosmos is the vibration or frequency of sound, of light and of thought. It is all one voice — the great voice of feeling. It speaks with deep reverberation in the thunder and it speaks in the silence of our deepest repose.

Man's greatest power lies in his recognition of this cosmic language, for when he realizes that every tiniest atom is able to comprehend the language he speaks he will impersonally command with greater certainty and all lesser forms of life will obey him. Man, himself, will rise to vaster heights of accomplishment for he will know the greatest and the smallest and can guide them into united action.

We have spoken about this language as it expresses

through the medium of sound, which is one of the lower voices of consciousness, but let us now consider thought. Here we have taken a step higher for through this form of communication we have eliminated time and space. Through the medium of thought we are able to speak to another although we are thousands of miles away and the contact is made almost instantaneously. Through this means of transmitting a message we can contact another person even though their body is in the state of sleep. Conscious thought is a messenger that works unhampered by time, space or conditions.

It has been said that such form of communication cannot be relied upon but that is untrue. We are being guided constantly by the voice of conscious thought, whether projected from a cosmic source or through a personal channel. There is no man who is not to some extent aware of his power of intuition which is nothing more or less than the voice of consciousness.

When the Christ, made the statement, "I and the Father are one" He was professing absolute knowledge of the cosmic language, for the Father is All and how could the Christ be one with all unless he was able to enter into communion with it and acknowledge his relationship to it.

The Great Ones who have performed so-called miracles in the controlling of elements could not have done those things if they had not understood the language of feeling and realized that every living thing also possessed the same awareness. Intuition in man, instinct in animal, affinity and attraction of atoms in matter are all evidence of the cosmic language. Every smallest frequency in the

whole system is a word spoken by the voice of consciousness and when man has alerted his mortal sense mind to the place where it becomes aware of even the slightest motion of energy he will have torn away the veil of mystery that separates himself from the Cosmic Halls of Wisdom.

There is nothing in this world that does not speak the universal language and reveal the secrets of the Cosmos if we are alerted to the frequency of that which we observe. It is through this small world of ours that we can gain our understanding of the cosmos, and such knowledge can come through unceasing research regarding the elements which compose our earth, atmosphere, and the various forms upon the earth.

The Cosmos is ever active, constantly changing, and regardless of how little interest the average layman has in scientific subjects there is not one individual in the world who is not conscious of that ceaseless activity which is going on about him every moment. The growth of flowers and trees, the falling of rain and snow, the evaporation of liquids, the expansion of metals under the influence of heat and their contraction under cold, the fermentation of vegetable matter, the oxidation of minerals, the perpetual construction and disintegration of forms cannot possibly escape the attention of even the least observant of men. If we were to carefully gather all the gases that rise from a burning log and the ashes that were left after the fire had done its work we would find that nothing had been lost in the process of transmutation. There is no such thing as total destruction. The religionist looks more or less indifferently upon all of this changing phenomena,

labels it the "work of God" and accepts at its surface value but the men of science have gone beyond the surface and uncovered the interesting and illuminating fact that life as a whole is the effect of an eternal process of chemicalization and that in the knowledge of Cause chemistry lies the victory over life and death, creation and recreation, joy and pain. The universe is nothing more or less than an immense chemical laboratory in which elements are combining constantly to produce the innumerable forms of expression or manifestation. The water, fire, earth, air, and the inconceivably fine ethers above the atmosphere of the earth are all chemical compositions. Light and darkness, love and fear are all chemical reactions.

Even our thoughts are of chemical composition. We are well aware that our bodies are composed of numerous chemicals; we are also aware that our bodies will not act except when permeated with a conscious thought. When a man is in a state of unconsciousness his body is inactive. It is true that the organs of the body continue to function due to the slight chemical reaction which takes place between the composing cells of the structure but even this will not continue indefinitely. The movement of any body will not take place without a chemical reaction of the elements composing the body, for it takes chemical reaction to produce energy. Potential force exists as the Father-Mother Chemical within each atom of matter but it is the reaction of these elements that produces what is known as kinetic energy which is necessary to the service of any form-action. Only another chemical will produce chemical reaction and

the fact that thought is necessary to the action of the body means, then, that thought itself is chemical. For instance, when a person is in a peaceful state of mind he can partake of food and his body will assimilate the minerals without the least opposing reaction, but eat a good meal and then take into the body a highly concentrated thought of hatred or fear — the reaction of the chemicals will very soon demand either the doctor or a good dose of bicarbonate of soda. Fear, hate, selfishness, envy, etc., are elements which produce violent reactions when incorporated with the chemical contents of the body. A fit of anger, which is nothing more or less than a chemical combustion, will tear down the body structure to a surprising degree and produce what is known as pain. If the scientist in his laboratory combines certain elements according to the law of affinity and produces a harmonious result he is rewarded, but if he mixes the wrong chemicals he may blow himself to bits. Just as logs placed upon a fire serve their purpose and their elements are changed but not destroyed, the original elements of any form are eternal. A place where water has been may become dry but the hydrogen and oxygen which compose the liquid go on forever and may at any time return into form. It is the action and reaction of chemicals that produce the personality which consequently must be ever changing, but the soul which is the sum total of the original elements remains forever the same — indestructible and eternal.

ANCIENT WISDOM OR MODERN PROGRESS?

There is some strange characteristic of the human mind that seems to find a great satisfaction in glorifying the past. The Oriental has expressed this characteristic in his ancestor worship; the Occidental has always had its hero-worship for deceased greatness; the patriarch of all nationalities sits back in his easy chair and reminisces on "the good old days." Perhaps it is that time assuages the actual realities of the past and leaves only the colorful pictures of self-created images. Perhaps it is that distant fields look greener on which ever side of us they lie, but, in any case, we find so many people living in the past that we wonder what good the present is doing at the present time.

Among many religious groups, and particularly those of an occult nature, we hear much about the great wisdom of the ancients. "If you expect to evolve to a state of masterful action," we are told, "you must go back and study the teachings of the old." It sounds a little twisted, doesn't it? To evolve we must go back! But why? Evolution is an expansion, a growth. Does the tree in its process of attaining maturity grow backwards into the roots? If it did I am sure we would never taste its fruits.

I suppose no man ever appreciates the thing that he has in his hand, and while it is right that he should reach out for something new let it be an advancement, not a

retrogression. Why dig up the peaceful past — it has served its purpose. It brought us to the present day — let it rest. The works of the past cannot serve us now and so far as the laws of the past are concerned we are now using them, for there is in the whole cosmos only one principle of action. It is used in the billions of varying manifestations but itself never changes. The only way in which we can prove the principle is by the effects produced and surely we are producing effects on a much vaster scale than did the ancients. In those days if a man discovered something of use to humanity he was considered divine and his revelation a miracle. Today we have a new invention almost daily and think nothing of it.

"We have not yet been able to discover the whole greatness of the Ancient Wisdom," we are told. Well that may be true, but I dare say if a few of the ancients suddenly found themselves in one of our big cities today they would stand aghast at the miraculous works of our people. They would probably assume that they had reached some World reserved for especially advanced minds, and after having lived here for a while and trying to adjust themselves to our present understanding would decide that they were not of the elect and must have stumbled into this amazing place by mistake.

Why should we base our life of today upon ancient philosophies? Should we enjoy going back to the ox-cart? I am sure that a great percentage of the population of the world would starve with only ox-cart transportation. Some of our so-called spiritual students are starving on the meager supply of mental food that is carried to them

on the slow-moving vehicle of ancient myth and ritual. We are moving faster than we have ever done and we are compelled to keep up with our existing state of progress. Our mental expansion must coincide with and support our mechanical progress. Those who live too much in the past ask why we are rushing and where we are going; — may I answer in this way, we do not need the aimless rushing but we must keep pace with the fast moving events of life.

There are those who prophesy that this civilization is nearing its destruction because of its lack of wisdom. Well perhaps, but what would it profit us to go back and study the wisdom of the ancients? You could say that the ancient civilizations did not heed the words of wisdom that were given to them, and that is true. Lemuria, Atlantea, Egypt and Rome, were all great civilizations and they are gone. This is a new day with new problems and the door to the Cosmic Storehouse of Wisdom and Knowledge is wide open for each individual to enter. Our present problem is to maintain our balance; living in the world of effects and understanding causes.

The Hindus have a saying to the effect that the more wood you pile on the campfire at night the greater becomes the illumination but greater also becomes the circle of surrounding darkness. Our present wisdom like the light of the campfire is great and the more we learn the greater becomes our scope of perception regarding the possibilities we have not yet deciphered. The more knowledge we acquire the more we know how much there is yet to learn. Our field of perception has become so vast that

the encircling darkness is almost appalling but the very fact that we have such a vast perception of unproven things means that they shall one day be proven. We have had the perception of ships traveling through space to other planets and that day is not too far in the distance when this becomes a reality just as jets and airplanes are now a common means of conveyance.

We hear a great deal about the alchemists of the early days — Paracelsus, for instance, who was supposed to have transmuted baser metals into gold. "Miraculous!" the people say. Our scientists of today are able to produce gold from other substances; but the process is too costly to be of practical use.

The priests of the ancients were the only scientists of that day and whatever they achieved was used for selfish purposes of dominating character. It is said that they could prepare chemical substances which when used as incense would put an individual into a trance state, but what benefit was actually derived from such practice? No doubt there was quite a bit of benefit to the priests, for while their subjects were under such a spell they could be very easily relieved of all of their possessions and the act laid at the door of the most convenient gods.

Today our chemists make practical use of their knowledge. They produce new metals to meet the needs of increasing mechanical achievements and are harnessing the forces of nature to facilitate the turning of the wheels of progress. They whom the religionists have called godless men are today becoming the masters of the elements by acknowledging that One Principle governs all things.

We are expecting an era of brotherhood among men of this earth and it is science that is making the greatest strides towards this accomplishment by unveiling the actual laws of action. Science is working under the law of relativity while religion is working under the law of divisions. The work of scientific research carries one into such a vast conception of the universe that there is no room for egotism, bigotry, fanaticism or intolerance. The individuals who really study creation are so absorbed in its unlimited activity that they become undiscriminating. They regard all men, whether they be black or white, as brothers and grant them the right to believe according to their ability to understand. They are not bound by the limited concepts of cast or creed or dogma but are always open to new revelations. They do not allow even the human form, itself, to block their path of research in the field of knowledge, for they are willing to sacrifice their own bodies for the benefit of other researchers and mankind as a whole.

Science has progressed very rapidly in the last few years. Now, with the aid of fine instruments, the I.G.Y. research and the satellites, the scientists are able to delve deeper and deeper into the realms of Cause. They are beginning to understand and use Nature's Creative Mathematics; which is, one and one equals three. Old accepted theories are being replaced with more factual knowledge as the field of research broadens.

We can say that scientific research is allowing the people of the world to have a closer view of Cosmic Reality.

The science that we speak of here has reference to the abstract scientists who work from cause to effect; not the dogmatic orthodox ones who refuse to see beyond the effective world.

Perhaps I should explain why one and one equals three in Nature's Creative Mathematics. When a positive and a negative get together there is a manifestation; in electricity it is light, with male and female it is an offspring and so it is with all nature. In order to understand a manifested effect the conditions that caused it to be must be understood.

I have recently reread the accounts of Lemuria and the Triterian race, and will give them to you for whatever points of interest you may find in them. My friends from other planets have told me that many of the people living on their planet at present have lived upon the earth.

In the cosmic book of memory, often referred to as the Akashic Records, there lies the story of action as it has passed through milleniums of time. The ever-active fingers of consciousness have inscribed upon the Primal Essence of the Cosmos the indisputable and indestructible pattern of all motion and manifestation. The history of man as written upon the tablets of stone or upon parchment or paper is but a limited record of existence and is easily lost to the knowledge of future generations, but the Cosmic Record is a permanent structure and he who is able to read therefrom need have no missing pages in the history of life.

Out of the Book of Memory, which the scriptures tell you shall be opened unto all, we have read the story of Lemuria, that mysterious land which sank beneath the dark waters of the Pacific Ocean.

Lemuria was a vast continent which included most of the islands of the Pacific — Hawaii, the Easter Islands, New Zealand, the Philippines and other smaller island groups. These islands were at one time the highest moun-

tain peaks of the now submerged land. Lemuria was at one time a civilized part of the world; her people were highly cultured and possessed advanced knowledge of cause and effects. They lived not for self but for the All, recognizing each form as the expresser of Cosmic Intelligence. Each individual knew himself as a servant of the universal force. They went about their duties in a peaceful manner without thought of one man being greater than another, or of one piece of work being more important than the rest. No jealousy or greed existed among them — Lemurian land was the home of one happy family where discord was unknown and equality reigned.

The Lemurians were of the brown race and their average height was about five feet three inches, while here and there a giant would appear. The Alaskans of today resemble them more closely than any other race.

They were a very industrious and active people, highly sensitive and intuitive. They were able to converse with each other through a form of mental telepathy and their actions were mainly guided by the greater intelligence of their being so they were able to obtain marvelous results. They were highly advanced in the science of the cosmos and through their understanding of the laws of action they had a remarkable control over the elements of the earth.

Because of their alerted feeling the minerals in the earth were not hidden from them and they made use of all of the elements.

Their architecture and works of art were magnificent in structure and beauty. Their temples were not so much

for worship as they were a monument of beauty dedicated to the All-Power whom they served in their daily actions. For these ancient people needed no temple in which to worship — they recognized the All-Being dwelling in themselves and in every form of life upon the earth. Their idealism in the beginning was the virtue of God which was meant to be expressed in man, and because of this idealism they were bestowed with powers unknown to man today. The Lemurians did not abuse or misuse the laws of nature and while they were building up their empire it was an actual heaven upon earth. But like practically all civilizations they had their downfall in time. Virtue became lost in greed and selfishness, and towards the end of their existence they were no different than the present civilization. At last nature took a hand and sunk the land beneath the waters of the Pacific ocean.

The Golden Age of the Lemurians lasted for approximately three thousand years. During this time they were in contact with Egypt and in fact all of the Asiatic countries but it was not until the fourth of the thousand year periods that their country was invaded by self-seeking individuals from other parts of the world. At that time there were people who came from the territory that is now known as Greece and Rome and settled in Lemuria. These people were of the lighter races; they won the confidence of the Lemurians, intermarried with them and gradually perverted the pure thought of the happy people. This foreign element slowly took upon themselves the rulership of Lemuria. They were hard, fearful rulers and greedy for wealth and power. They began to show favor-

itism and to instill in the minds of the Lemurians the thought of inequality. Where the people had once served each other for the love of action they were now forced to serve to enrich and empower the few. They learned the meaning of rebellion and selfishness and greed — those things which had never before found place among them. They learned to follow the example of their rulers and work for self instead of the All. They closed themselves to the guidance of their creator and turned into the mortal channel of expression.

This went on for several hundred years until at last the forces of nature demanded payment for their unbalanced conditions — the payment of suffering. They were given warnings of their future destruction if they continued in their unbalanced state but they heeded them not, so the elements turned against them. The earth became unsteady beneath their feet; tidal waves swept their shores and eventually a steady trembling took hold of the entire Lemurian country. For approximately seven months the earthquakes continued and gradually the land began to sink. The waters rushed in and covered the one-time Heavenly kingdom and another civilization was lost."

The earthquakes and the sinking of the continent were due to natural causes. A shift or change of the surface of the earth comes at certain intervals, but the people of Lemuria had become so emersed in the mortal world of effects that they paid no attention to the warnings given by nature. Had they been alerted to these signs they could have moved to safer territory.

In the bible of every race there is an account of

creation and the suggestion of an Eden where man dwelt in the perfect state of being, but there is little more than the suggestion and it has been accepted by humankind as a beautiful bit of mythology that has an indifferent effect upon the progress of man in his present state of being. In the annals of consciousness, however, is revealed the truth concerning a race of God-men and their Edenic homeland.

This civilization was called the Triterian race and from the memory of those people rose the Triton God of the early Greeks. This Grecian god was pictured as half man and half fish, symbolically corresponding with the cosmic record which speaks of the Triterions as the "people of the waves." They were not, of course, half man and half fish but they were the masters of both the waters and the earth.

Idealists have ofttimes visualized the perfect man as an etheric being who dwelt only in the planes of celestial glory and had powers to overcome the laws of nature, but we find the Triterians to be dwelling on the earth in physical bodies and cooperating fully with the laws of nature.

These were large people and their color may be likened to our bronze or rust, which was probably caused by the intensity of the sun's rays which shone upon the earth at that time.

These master-men were cosmic beings and during the time they spent in gaining their earthly experience they did not once separate themselves from the Totality. They worked with the elements of the earth as men work with them today but they understood the cause of their mani-

festations. They were sent to this solar system to partake of the knowledge of matter and this they did under the guidance of Cause Intelligence. This was easy for them to do for they were aware of the natural laws governing all action and they were wise enough to use their knowledge without perversion. The Law of Affinity held no mystery for these people and the elements obeyed their commands to the fullest. The earth was a perfect expression of Edenic beauty.

The Triterians had no religion as it is accepted today — they were a race of scientists, for they worked not on supposition or myth but on facts. They had no gods but recognized the all-intelligent force and themselves as expressers of it. They did not make the mistake of allowing their mortal mind to judge the creator for they understood cause and effect. They gave no thought to any division between themselves and the cosmic consciousness; they acted with a freedom and assurance of results. Therefore life was peaceful and harmonious. They were not bound by gods or devils for their only state of awareness was that of interblended action. They recognized the necessity of duality in creation but they did not separate the force into good and evil.

Due to the lack of friction or resistance to the life force their bodies remained always youthful and death as we know it did not exist.

There was no greed or selfishness among these masters of the earth. (In our terms of today we could say that they had achieved their Master's Degree in every subject.) They knew that the substance of the universe is unlimited

and indestructible and that there would always be sufficient to meet every need. No man among them engaged himself in the accumulation of material wealth.

There are no descendants of the Triterians, for they served their destined time on this planet earth and were transferred by space craft to another solar system. This is the race which dwelt upon the earth prior to the Biblical records. The fall of man was not brought about until the advent of the Lemurian race. The Triterians left the earth in a virgin state and went on for greater service, but all of the races who followed them are still endeavoring to regain their cosmic birthright. The Triterians worked with the cosmos through intuition and obedience; the other races have chosen to gain their perception through suffering and the observation of effects; living in the bondage of mortal concepts.

Our return to our natural heritage shall be as glorious as that of the Triterians if we allow ourselves to awaken once more into the unification of all life!

The Brothers have told me that they have records that have been kept on their planet regarding the civilizations on the earth, and that these accounts of Lemuria and Triteria are correct.

THE PARABLE OF THE APPLE TREE

It was a warm evening, the discussion which for me was all absorbing overshadowed the beauty of the night, as we relaxed in a patio in suburban Los Angeles.

Firkon and another gentleman had brought me to the home of some of their people who are living here.

Firkon addressing me said, "We had planned to have you meet the One you call the Master, who we call the Wise One, but as those plans were not possible to carry through, He asked me to give you this parable to be shared with the people.

"The apple tree lends itself very nicely as a symbol of creation and re-creation. The tree as a parent for the apple started from a seed within whose heart was the cosmic urge to express.

"From the bosom of mother earth the seed grows to a beautiful and productive tree expressing its full potential in bringing forth fruit. According to the seasons, tender new leaves grow into maturity, delicate blossoms proudly display their color and fragrance attracting pollen and the elements required for the growth of the individual apples. Slowly the blossoms release their beauty that the fruit bearing the re-creative seed may fulfill its purpose.

"When the fruit is fully mature it is either picked from the tree, or it drops to the ground — thus it is separated

from the parent. If the apple were like man it would exult in its own beauty and free-will, developing the self ego in the world of effects only, forgetful of the Cause parent.

"Man has not experienced the full potential of his being, for he too is forgetful of his cause parent. As a result he wanders in a maze of effects, ever searching for that which has lasting value.

"Untold opportunities are granted to man to return to his Father's household for there is no smallest part of essence or intelligence that is lost or is not ever active. When the garment known as the body, releases the flame of life to continue its activities elsewhere, the cell intelligence is busy changing the elements of the body into the dust from whence they came. But the flame of Cosmic Intelligence has found a new vessel which contains renewed energy, in which to express. Thereby continually granting to individualized portions of matter the opportunity to evolve to a higher state of service and understanding."

Firkon continued, "As we have told you before, your book of records that you call the Holy Bible, contains these laws that we tell you of, for did not Jesus the Christ say to the thief on the cross beside His, 'Verily I say unto thee, Today shalt thou be with me in paradise.'? * Therein expressing immediate rebirth.

"Tomorrow you will be privileged to meet the one that you have known as your earthly wife. She is now a young woman living on Venus. She will not recognize you as her husband, but rather as a Cosmic brother. Neither

* Luke 23:43.

will she wish to be reminded of her life upon earth, for her present life is free from the bondage of self and self interests."

On the following day this promise was fulfilled. It was an experience that I shall never forget and proof positive that we never die.

CONCLUSION

The old accepted thought patterns of people all over the world are changing rapidly. The underprivileged are crying for peace and equal rights with those who have enjoyed the good things of life. Even the orb of earth is shifting her position and yielding to the influences that are playing upon her body. There is nothing awesome or supernatural in this change, it is an urge that is felt by the earth and the inhabitants upon it at the change of every cycle.

We are in the Space Age and many of man's egotistical opinions will have to go to make room for our place as a member of the interplanetary family. Theories will be replaced with facts, and our perception will be broadened to encompass, to even so small a degree, the possibilities and purpose of life.

Those who have accepted the reality of visitors from other planets are most desirous to meet these people and wonder how they can tell the real ones from the imposters.

And the people may truly wonder, for our new friends will be recognized only by those who are consciously alerted to impersonal feelings; they will not be recognized by their personal appearance for they will be as any other person upon the street, but they may be known by their words which will be totally impersonal and without judg-

ment of any condition or person.

Appearances! what imps of deception they are!

Shall we know the space people by the miracles that they perform? Shall we acclaim a man Messiah because he may walk through fire unscathed or multiply a loaf of bread to feed a multitude? No, for there are many magicians who can to all appearances to the physical senses do the same; and did not the Christ say of the latter days of his dispensation, "False Christs and false prophets shall rise and shew signs and wonders to seduce if it were possible even the elect." So we cannot tell a man's true value by his ability to read our mind or perform works of magic.

The space people will speak of nothing but the practical life — a life that is established upon earth, for earth is an integral part of the universe — a life that is livable here and now, for if there is to be heaven it must be established upon earth. No visitor from another planet has yet given any teachings that were impossible to live in this world; they all work according to the law of the Cosmos which is itself practical. They, as the wayshowers who have come before, will teach nothing that is mysterious or fanatical nor will they deal in emotionalism. They will speak of the unity of all life by the Breath of the Cosmic Father expressing through the forms made of the substance of the Mother Planet.

PRACTICE

An easy method that you may use if you wish to keep a check on your thoughts through the day is this:

Make a ledger —

On this side write	And on this side
Unselfish — Understanding. Thoughts that remind me of my Cosmic Unity with All Life.	Selfish Disturbed Dissatisfied Judgment of others. Seeing effects not causes.

Become the observer of your own mental process and place a check under the column representing your thoughts. At the end of the day tabulate your score. If this is done over a period of time you will find that your old thought habits that caused confusion and disorder in the mind and body have disappeared.